

PORTUGAL





Why Portugal?

- 3rd safest country in the world
- 12th best healthcare in the world
- Large established expat community
- No need to learn the language, English is widely spoken
- High standard of European living at an affordable price
- Country maps the climate and landscape of California
- Historic cities and towns
- Numerous award-winning beaches along the coast
- Mediterranean diet—one of the healthiest in the world; scientifically proven to help prevent heart disease, Alzheimer's, obesity, and much more



At A Glance

- **Residency**
 - D7 Visa (Self Sufficiency) – Income of 1,200 euro a month
 - Non Habitual Residency (NHR) program – 10% tax on eligible foreign income
 - Golden Visa (Real Estate) abolished as of Feb. 16 2023
- **Health Care**
 - Residents covered automatically under the public system
 - Excellent quality
- **Ease of Access**
 - Direct Flights from East Coast of North America
 - Low Cost Airlines within Europe
 - Good intercity Train System



Country Pros

- Top retirement pick for the last 8 years (2023 first time it's come 2nd)
- Most affordable W. European destination
- English is spoken widely
- Variety of residency options, including rental
- Easy access to Europe
- Large expat community
- Very good and affordable (free) healthcare
- Great weather, food (especially fish), local wines, and championship golf courses

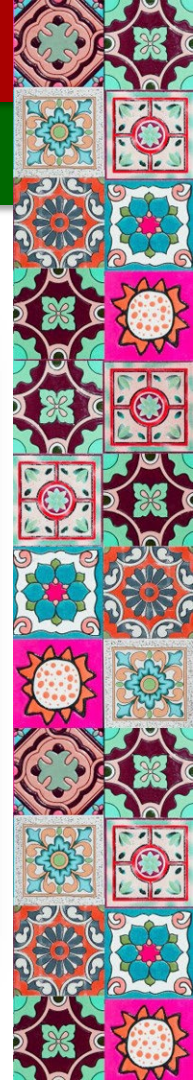
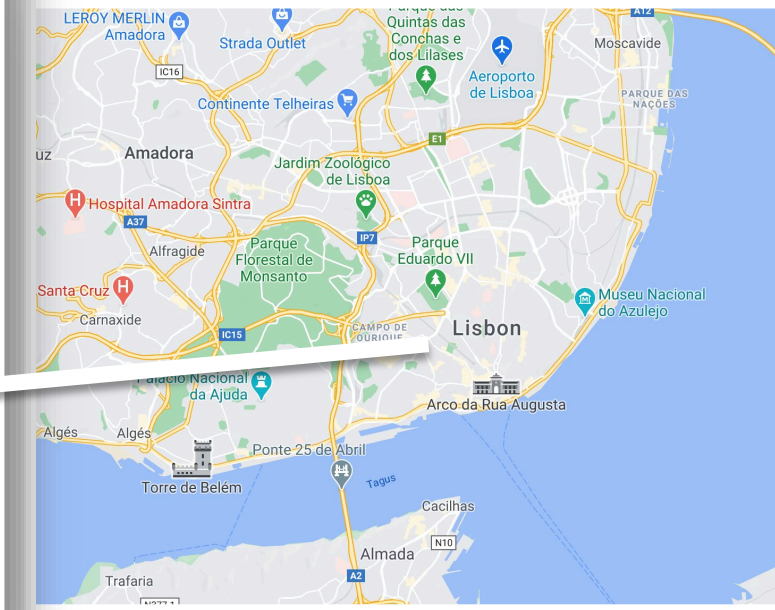


Country Cons

- Bureaucracy—lots of red tape – especially in real estate development
- High taxes for working people
- Cars, fuel, electronics, and tolls expensive
- Portuguese is a difficult language (in practice made more difficult by the fact that most people speak English)

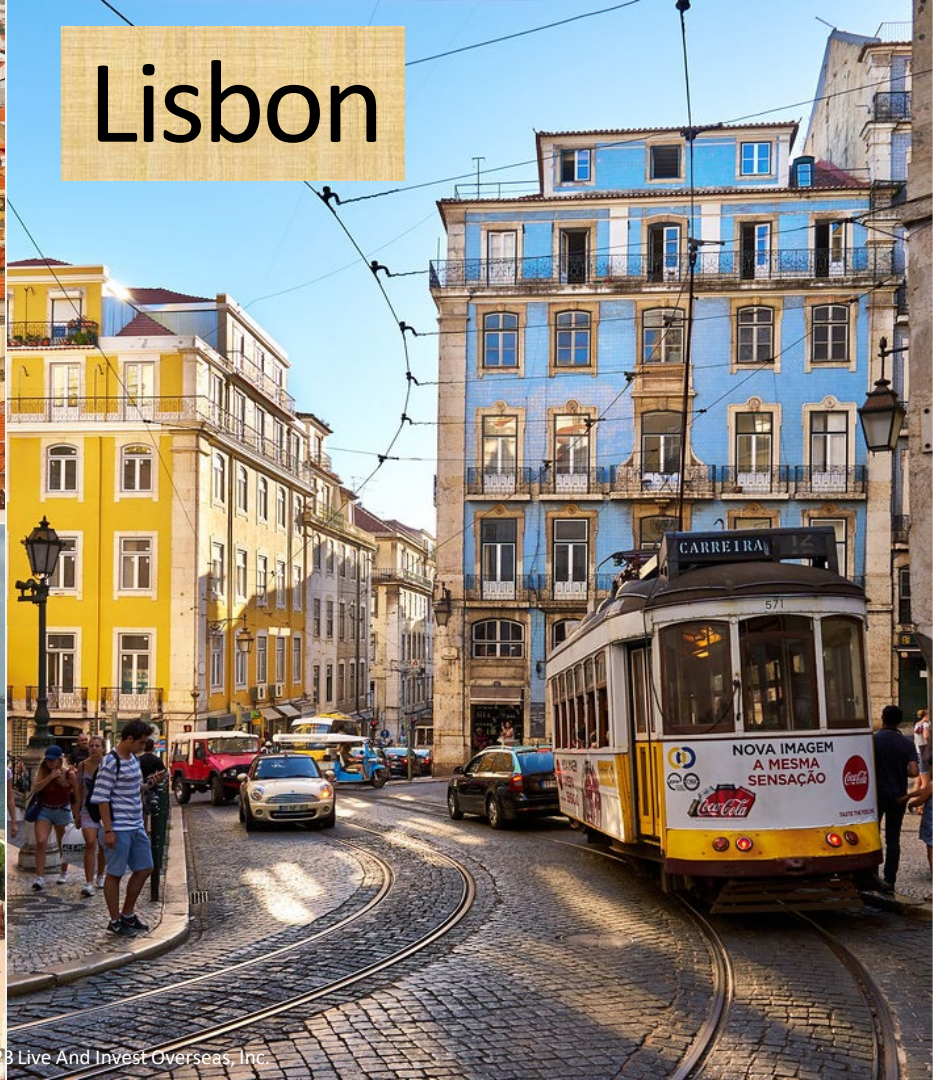


Lisbon

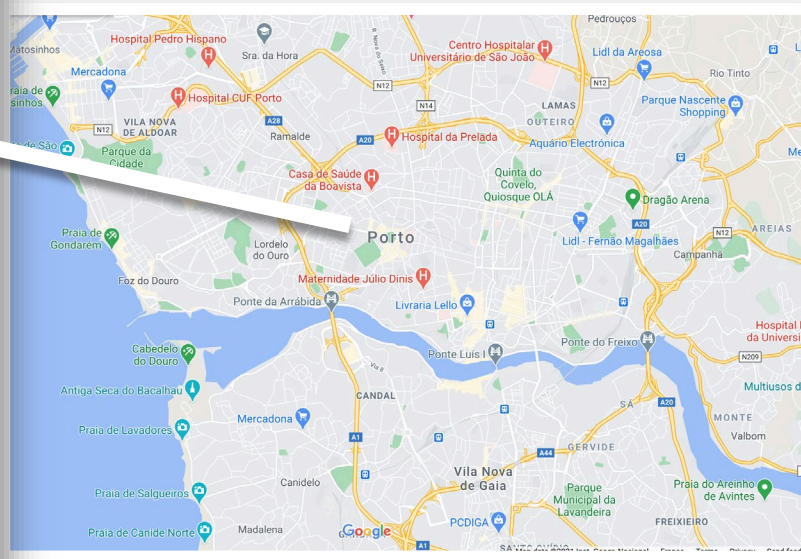




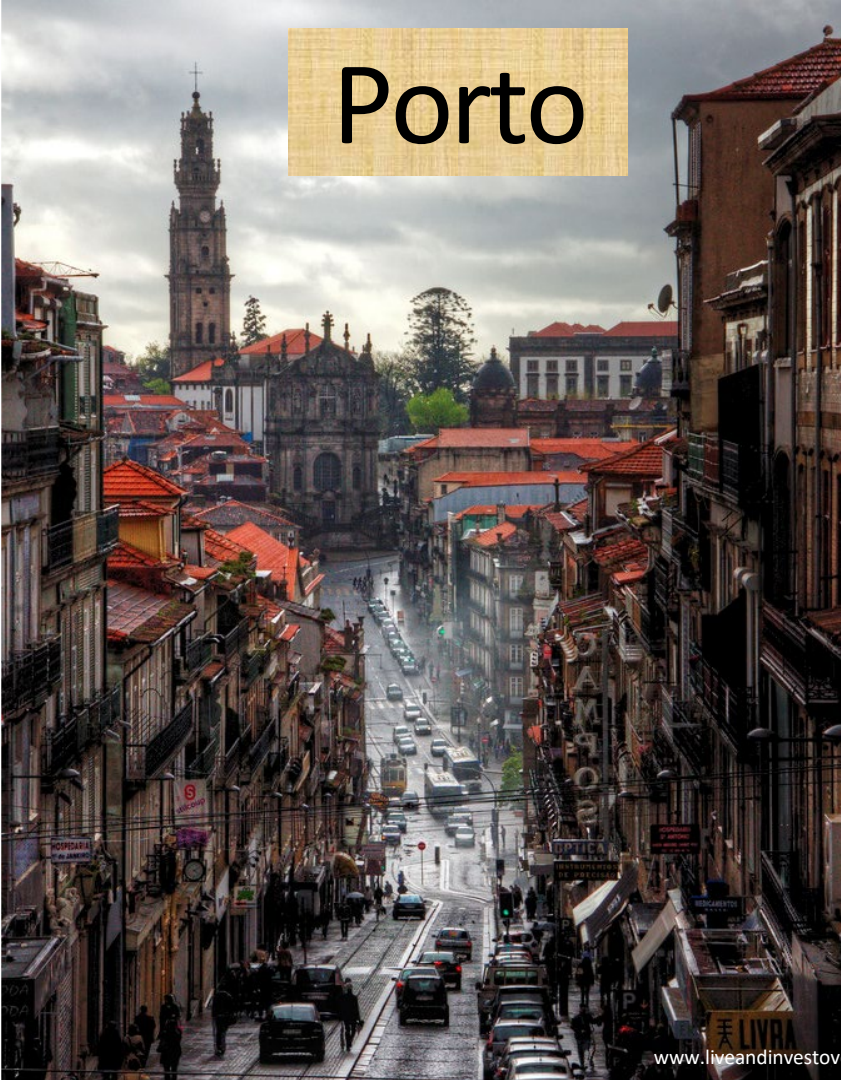
Lisbon



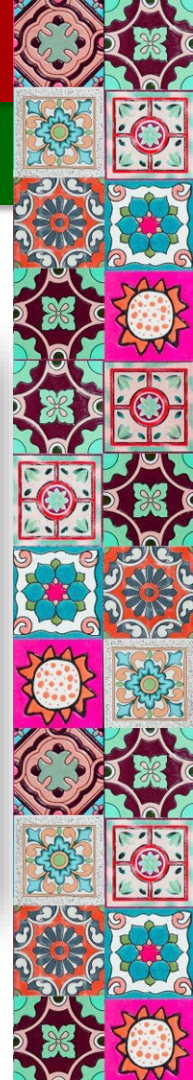
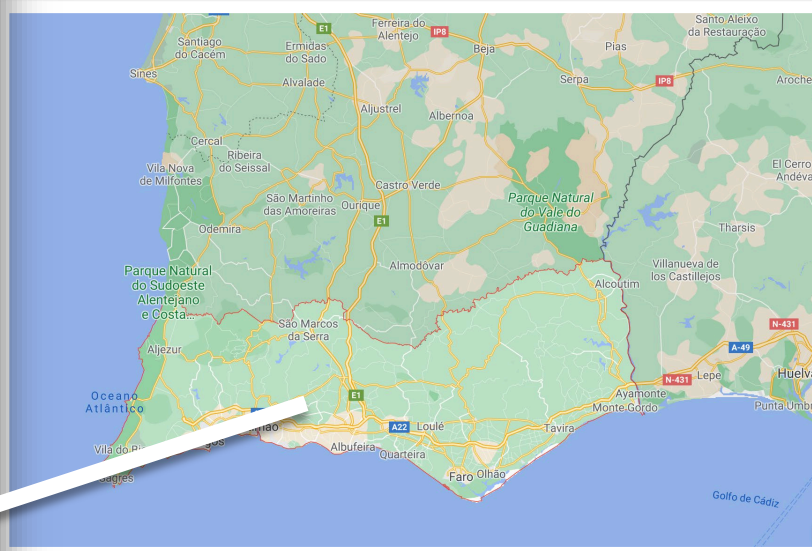
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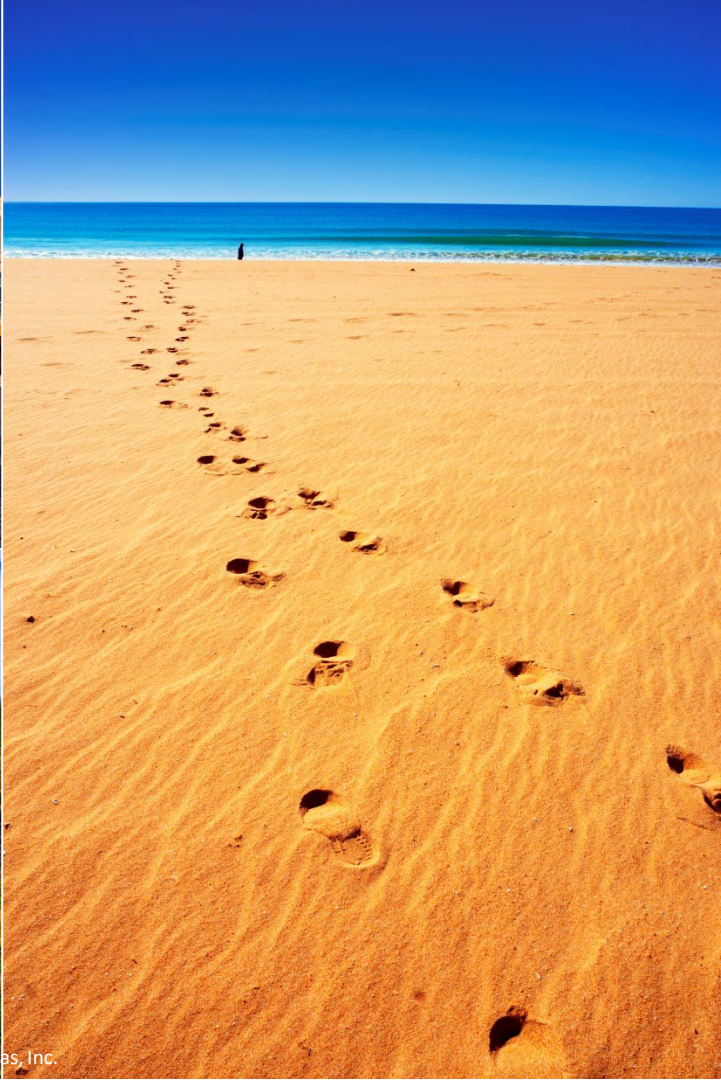
Porto



The Algarve



Carvoeiro



Ferragudo





Alvor

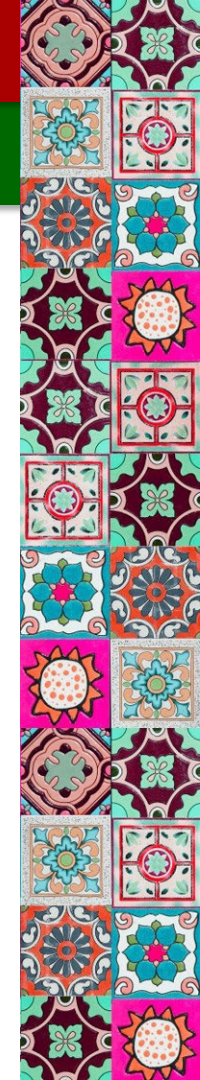


Lagos



Fun Facts

- Portugal is the oldest country in Europe, with the same defined borders since 1139. It's also home to the oldest bookstore chain in the world, Livraria Bertrand, launched in 1732. And one of the oldest universities in Europe is in Portugal, the University of Coimbra, established in 1290.
- Portugal is a top surf spot—one of the best in Europe. With about 500 miles of coastline and weather that's said to allow for good surfing 364 days of the year, this is one of the best places to catch a wave on this side of the Atlantic.
- Half of the “New World” once belonged to the Portuguese Empire. It was one of the longest-lived colonial powers, lasting for almost six centuries from 1415 until Macau was given back in 1999. It was also the first colonial power to abolish slavery, back in 1761... half a century before France, Spain, the U.K., or America.
- The Vasco de Gama Bridge in Lisbon, over the Tagus River, is the longest bridge in Europe at 10.7 miles long.



Grading Portugal

- English Spoken – A
- Health Care – A-
- Climate – A
- Infrastructure – A
- Accessibility – B
- Safety – A+
- Culture – B+
- Recreation – A+
- Taxes – A
- Schools – B-



Recommended Resources

Portugal Circle



If you're dreaming of a new life in Europe... even for just a few months of the year...

Or if you ever thought about retiring to Europe but ruled it out as too expensive...

Then you owe it to yourself to keep that dream alive and check out the country we, at Live and Invest Overseas, have chosen as the world's top retirement haven for eight years running...

Want to know more? Stop by our Live and Invest Overseas booth!

Recommended Resources

Portugal Letter

The monthly e-zine from our on-the-ground team gets you up to speed and keeps you current—in real time—with opportunities in Portugal...

In every issue of Portugal Letter, we'll tell you about particular neighborhoods, little-known towns, and communities that could be perfect for you.

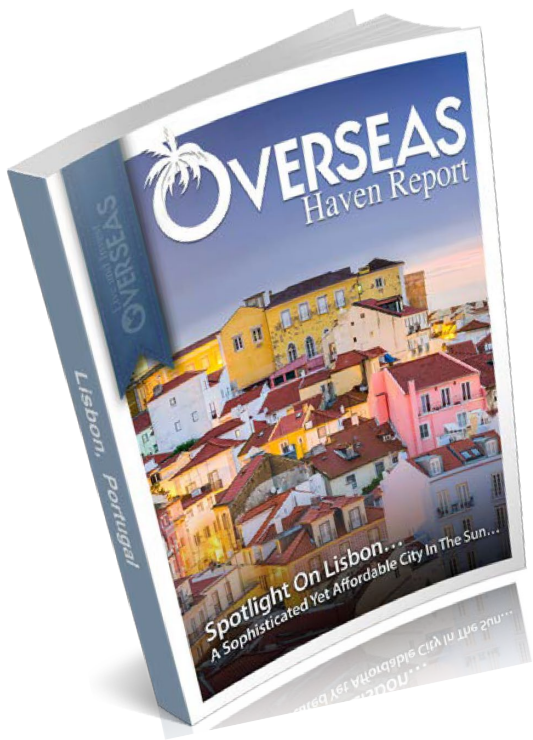
You'll meet local contacts and gain local insights that will allow you to sidestep the usual foreigner pitfalls—and gain access to opportunities you won't find elsewhere...

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Portugal
Letter



Recommended Resources



Overseas Haven Reports

Complete, fully illustrated reports on a specific region or city identified by our experts as an overseas retirement haven.

Want to know more? Stop by our Live and Invest Overseas booth!